

Celebrating body and soul

How our bodies can save the world

The Green Christian Retreat
with Keith Hebden

Friday 10 – Sunday 12 June 2016

Noddfa, Penmaenmawr, North Wales



Green Christian's annual retreat weekends are always a great time to be encouraged in faith and care for the earth, to make new friends and enjoy good company. If you haven't been on one before you'll be especially welcome.

This year we will be joined by Revd Dr Keith Hebden. Keith is a parish priest, author and activist in the diocese of Southwell and Nottingham, where he serves as Diocesan Environmental Officer. He writes and teaches on Christian anarchism, community organising, nonviolent resistance and social and environmental justice issues.



Through an exploration of prayer, contemplation and action this weekend is an opportunity for discovery. It is a chance for each of us to pause and pay special attention to our souls and bodies and how intentionally we can let them belong to the creation that shaped them.

Our bodies are the starting point of our ethical, spiritual, and inter-personal lives. For over ten thousand years we humans have produced incredible technologies but with each generation's advances we take a step further away from our proper place as a partner and co-learner with the rest of creation. This includes the growing distance between one and another and between us and God.

By bringing our attention back to the relationship between our earthly bodies and how they relate to the rest of the earth we find new resources for being agents for social and spiritual change. Most importantly of all we learn and lead others in seeing greater ecological care as coming home like the Prodigal Son and discovering creation running with open arms to greet us!



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Noddfa, Old Conwy Road, Penmaenmawr, North Wales LL34 6YF

Noddfa is a Welsh word meaning haven or refuge - a place of peace and welcome, a place where you can regain energy. It is the name of the centre run by the sisters of the Sacred Heart of Mary in Penmaenmawr, on the North Wales coast near Llandudno. Visit www.noddfa.org.uk

Trains from Chester stop on request at Penmaenmawr station which is a short walk from the house.

Cost: £120. Four places are available to younger adults at a special bursary rate of £60 – you are welcome to ask for further details. Children under ten pay £20. A non-returnable deposit of £30 is required when booking. The balance is due by 14 May or as soon as possible.

The weekend starts with the Friday evening meal at 6.30pm and ends after lunch on Sunday. If you wish to stay an extra night on the Thursday or Sunday that can be arranged by contacting Noddfa direct: 01492 623473.

The booking form is available as a Word document online at www.greenchristian.org.uk/retreat

If you have any queries please email bookings@greenchristian.org.uk or telephone 0845 459 8460

Our retreats usually get fully booked, so make sure you register early to avoid disappointment.

Please return this form with your cheque by post to:
Bookings Secretary, 6 Lime Walk, Littleover, Derby DE23 6BD

OR if paying by bank credit please e-mail your form to
bookings@greenchristian.org.uk

Booking Form

Name(s):	
Postal Address:	
Email:	
Telephone:	
Number of places:	I wish to book places for <input type="checkbox"/> Adult(s) <input type="checkbox"/> Children.
Dietary requirements:	
Sharing a room	Please indicate whether you would be willing to share a room. Yes <input type="checkbox"/> No <input type="checkbox"/>
Payment	I am paying by: cheque <input type="checkbox"/> bank transfer <input type="checkbox"/> Please make cheques payable to <i>Green Christian</i> . The details for bank transfer are as follows: The Co-operative Bank Gloucester 2 Branch, Sort Code: 08-90-54 Account Number: 70329203 I am enclosing a cheque / making a direct payment (please delete as applicable) in full, £120 per person: <input type="text"/> £ OR I enclose a cheque / am making a direct payment for the deposit of £30 per person. I understand that this deposit is non-returnable and that the balance needs to be paid by May 14 th . If booking after April then the full amount needs to be paid immediately. <input type="text"/> £