



The PEOPLE'S PILGRIMAGE

Morecambe Bay

You are welcome to join the pilgrimage at any point along the route for as long as you wish. There is no charge and no need to book this – just turn up at the gathering place. Booking is necessary only if you wish to stay overnight at Yealand.

Sat 5th September

GATHERING 09.40 at Cark Train Station

09.02 train from Lancaster a] Cark 09.36
09.07 train from Ulverston a] Cark 09.15

Saturday's pilgrimage will be reflective and



contemplative walking through woodland and over fells. Our morning walk will be approx. 6 miles with a few steep sections. From Cark we follow the

Cistercian Way to Cartmel and then continue up over Hampsfell which is steep. We will eat our picnic lunches on the top near the 'hospice' for pilgrims and then descend, again steeply, to Grange for the 14.08 train to Silverdale a] 14.18

GATHERING 14.30 at Leighton Moss RSPB reserve café

We will leave the café at 15.00 for a leisurely 2 mile walk along the causeway through the reed beds and then up past Leighton Hall to the ridge, dropping down to Yealand Conyers and arriving 17.00 approx. [Bus at 17.57 back to Lancaster]

OVERNIGHT at Yealand

For those of us walking the whole pilgrimage, Yealand Quakers have generously offered overnight accommodation with hot showers and an evening meal and breakfast. We will also have an evening sharing event together.

Our accommodation at Yealand will be mattresses on the floor dormitory style. So we will need to bring sleeping bags. It is ESSENTIAL to make a booking for the overnight stay – please book through

Clíodhna at flowstone@me.com
or Sam samagita@phonecoop.coop

Sun 6th September

GATHERING 12.00 at the woman and child statue at the north end of Morecambe Prom.

[Overnight pilgrims will travel from Yealand to the prom by bus.] We hope that many people will choose to join the pilgrimage for the Sunday walking – it may be that some faith congregations wish to join in together.

Sunday's pilgrimage will be more festive than contemplative with music and a community picnic. Please bring food, an instrument and festive gear. First section from the statue to the Stone Jetty is fully mobility, bike, buggy friendly.



GATHERING 13.00 to 14.00 Community picnic at the Stone Jetty

GATHERING 14.00 at the Stone Jetty

Finally we will walk the last section to St Patrick's Chapel at Heysham. This section is mobility friendly along the prom but there some steep sections and cobbles leading up to the chapel.

GATHERING 15.00 at the chapel for the final session and closing the pilgrimage.

Buses and trains from Heysham back to Lancaster.



For more info on the worldwide pilgrimages see -

<http://peoplespilgrimage.org/index.html>